



# Instruction Manual for Mass

When to stand, sit and kneel\*



CatholicLink

## KEY



STAND



SIT



KNEEL

1



FROM THE ENTRANCE PROCESSION UNTIL AFTER THE OPENING PRAYER

2



FIRST READING, PSALM, AND SECOND READING

3



THE ALLELUIA AND THE GOSPEL

4



THE HOMILY

5



THE CREED AND THE PRAYER OF THE FAITHFUL

6



THE OFFERTORY

7



THE PRIEST SAYS "PRAY, BRETHREN..." UNTIL AFTER THE "HOLY, HOLY, HOLY"

8



THE EUCHARISTIC PRAYER UNTIL AFTER THE "AMEN"

9



FROM THE "AMEN" TO AFTER THE "LAMB OF GOD"

10



AFTER THE "LAMB OF GOD"

11



YOU MAY SIT, STAND, OR KNEEL AFTER COMMUNION

12



THE PRAYER AFTER COMMUNION UNTIL THE END OF MASS

*\*These may vary in some countries and/or dioceses.*